





Key Principles

- ✓ By Employers, For Employers
- ✓ Good Practices not 'Great Promises'
- ✓ Adapted and Adopted
- ✓ Safe People not Scary Places



MINDFUL EMPLOYER provides

- ✓ Easily accessible information and resources
- ✓ Signposting to supporting agencies
- ✓ Links to other employers who may have had similar experiences
- ✓ Training in mental health awareness
- ✓ Access to job retention services
- ✓ Local employer networks
- ✓ Practical, hands-on support



Charter for Employers

Training Events & Seminars

Improving Links with GPs

Mental Health & Social Inclusion

Website mindfulemployer.net



MINDFUL EMPLOYER isn't...

A policy to implement

A target to achieve

MINDFUL EMPLOYER is...

About supporting employers

About communication between employers

About improving the workplace



mindfulemployer.net

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